

WINTERFOLD HOUSE SCHOOL

MENU CYCLE 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités	Carrot Batons & Green Peppers	Cucumber & Baby Corn	Carrot Batons & Mange Tout	Red Pepper & Cucumber	Celery and Baton Carrot
Soup Du Jour	Carrot & Corriander with Freshly Baked Bread	Potato & Watercress with Freshly Baked Bread	Minestrone with Freshly Baked Bread	Celery and Red Onion with Freshly Baked Bread	Pea & Mint with Freshly Baked Bread
Main	Prime Beef Burger with Red Onion and Pesto Salsa	Chicken and Leek Pie with Rich Gravy	Peperonni Pizza with Mozzarella Cheese	Honey Roast Gammon with Sage and Onion Seasoning	Winterfold Catch of the Day
Vegetarian	Homemade Vegetable Burgers served in Foccaccia with Pesto Salsa	Vegetable Cottage Pie with Cheddar Mash Topping	Feta, Spinach and Black Olive Pizza	Autumn Vegetable Hotpot with Herby Dumplings	Spinach, Red Leicester and Mushroom Taco's
Pasta or Jackets	Penne Pasta with Meditteranean Vegetables, Black Olives and Balsamic Dressing	Jacket Potatoes with Garlic Mushrooms	Penne Pasta served with Pomodora Sauce and Garlic Bread	Jacket Potatoes with Tandoori Chicken Strips	Fusilli Pasta served with Carbonnara Sauce
Potato	Cubed, Herby Diced	New Potatoes with Chives	Potato Wedges	Rosemary and Garlic Roast Potatoes	Chips
Vegetables	Peas and Sweetcorn	Butternut Squash, Green Bean and Sweetcorn Combo	Slaw Stir fry	Sweetcorn and Green Beans with Diced Beetroot	Baked Beans and Garden Peas
Every Day Salads	Mixed Leaves, Cucumber Slices, Grated Carrot & Sliced Tomato	Mixed Leaves, Cucumber Chunks, Baton Carrots & Tomato Wedge	Mixed Leaves, Cucumber Slices, Grated Carrot & Tomato	Mixed Leaves, Cucumber Batons, Grated Carrot & Tomato Slices	Mixed leaves, Cucumber Chunks, Grated Carrot & Tomato Wedge
Composite	Tuna Nicoise	Classic Caesar with Croutons	Chunky Tomato, Mozzarella & Rocket	Roasted Meditteranean Vegetables with Lemon Dressing	Greek Salad
Hot Dessert	Rhubarb, Apple and Ginger Crumble with Vanilla Sauce	Fruity Jam Tart with Custard	Chocolate and Pear Dimple Sponge	Golden Syrup and White Chocolate Sponge with Custard	Lemon Shortbread
Cold Dessert	Lime and Watermelon Jellies	Chocolate Mousse with Chocolate Drizzle	Cheddar, Cucumber and Pineapple Pots	Strawberry Trifle	Fruit Jelly Pots
Cut Fruit	Fresh Fruit Platter	Honeydew Melon with Pomegranate	Watermelon Slices with Mint Leaves	Pineapple Fingers	Fresh Fruit Platter