

WINTERFOLD HOUSE SCHOOL

MENU CYCLE 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités	Carrot Batons & Green Peppers	Cucumber & Baby Corn	Carrot Batons & Mange Tout	Cucumber & Sliced Red Pepper	Celery and Baton Carrot
Soup du Jour	Leek & Potato with Freshly Baked Bread	French Onion Soup with Freshly Baked Bread	Tomatao Soup and Freshly Baked Bread	Cream of Mushroom Soup and Freshly Baked Bread	Roasted Red Pepper Soup and Freshly Baked Bread
Main	Butchers Hotdogs served in French Bread	Italian Pasta Bolognese with Spaghetti	Chicken Curry with Scented Rice, Mango Chutney and Raita	Roast Loin Of Pork with Seasoning and Rich gravy	Winterfold's Catch From the Ocean
Vegetarian	Vegetarian Hotdogs served in French Bread	Braised Italian Style Vegetables served with a Warm Tomato and Fresh Basil vinaigrette	Pumpkin, Aubergine and Green Bean Korma with Naan Bread	Spinach, Feta and Tomato Bruschetta Stacks	Ratatouille crammed Field Mushrooms glazed with Red Leicester
Pasta or Jackets	Penne Pasta served with Panfried Peppers and Oregano	Jacket Potatoes served with Caramelised Balsamic Onions and Grated Cheddar	Fusilli Pasta served with Sunblush Cherry Tomato Sauce	Jacket Potatoes served with Beef Stroganoff	Macaronni Cheese with Crispy Topping
Potato	Potato Wedges	Steamed New Potatoes with Chives	Pumpkin Rice or Jacket Halves	Crispy Roast Potatoes	Chips
Vegetables	Peas and Sweetcorn	Sliced Steamed Carrots and Green Beans	Broccoli Spears and Garden Peas	Carrot, Swede and Breen Bean Combo	Baked Beans and Peas
Every Day Salads	Mixed Leaves, Cucumber Slices, Grated Carrot & Sliced Tomato	Mixed Leaves, Cucumber Chunks, Baton Carrots & Tomato Wedge	Mixed Leaves, Cucumber Slices, Grated Carrot & Tomato	Mixed leaves, Cucumber Batons, Grated Carrot & Cherry Tomato	Mixed leaves, Cucumber Chunks, Grated Carrot & Tomato Wedge
Composite	Mediterranean Vegetable CousCous	Cheesey Slaw with Diced Red Apple	Superfood Green Salad with Diced Cucumber and Sunflower Seeds	Red Pepper, Edamame Bean Salad with Red Onion Relish	Green Salad with Pesto Dressing
Hot Dessert	Orchrd Fruit Crumble with Creamy Custard	Lemon and White Chocolate Sponge	Carrot and Dark Chocolate Sponge	Vanilla and Sultana Shortbread	Milk Choc Chip and Beetroot Flapjack
Cold Dessert	Forest Fruit Mousse	Blackcurrant and Mint Jelly Pots	Cherry Cheesecake Pots	Chocolate Drizzled Popcorn Pots	Belgian Waffle Choc Pots
Cut Fruit	Canteloupe Melon	Watermelon Slices	Pineapple with Pomegranate	Honeydew Melon with Kiwi	Fresh Fruit Platter