



An Independent Day School  
for Boys and Girls aged 0 - 13

## Winter menu cycle - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités	Carrot Batons & Green Peppers	Cucumber & Baby Corn	Carrot Batons & Mange Tout	Cucumber & Sliced Red Pepper	Celery and Baton Carrot
Soup Du Jour	Carrot & Coriander with Freshly Baked Bread	Cauliflower & Cheddar with freshly baked bread	Minestrone with Freshly Baked Bread	"Hogwarts" Vegetable Broth with Freshly Baked Bread	Pea & Mint with Freshly Baked Bread
Main	100% Prime Beef Burger in a Soft Bun	Roast Turkey with stuffing, pigs in blankets and cranberry sauce and gravy	Roast Chicken and vegetable Pie	"Quidditch" Meatballs in a Rich Meat Gravy	Classic Fishcakes
Vegetarian	Oriental Vegetable Stir Fry	Quorn fillet roast	Mediterranean Quorn Wraps served with Grated Red Leicester	"Professors" Vegetable and Cheddar Stack served with a Rich Tomato Glaze	Cheese and Tomato Quiche with Chips
Pasta or Jackets	Cream Cheese & Spring Onion Jacket Potato		Tuna & Sweetcorn Jacket Potato	"Wizards" Four Cheese Pasta Bake	Coronation Turkey Jacket Potato
Vegetable	Baked Beans	Steamed carrots	Steamed Carrots	"Magic" Cauliflower Polonaise	Minted Garden Peas
Vegetable	Roasted Butternut Squash	Brussel sprouts, roast parsnips	Braised Cabbage	"Dragons" peas	Baked beans
Potato	Herby Potato Wedges	Roast and new potatoes	Paprika Seasoned Diced Potatoes	"Diagon" Minted New Potatoes	Chips
Every Day Salads	Mixed Leaves, Cucumber Slices, Grated Carrot & Sliced Tomato	Mixed Leaves, Cucumber Chunks, Baton Carrots & Tomato Wedge	Mixed Leaves, Cucumber Slices, Grated Carrot & Tomato	Mixed leaves, Cucumber Batons, Grated Carrot & Cherry Tomato	Mixed leaves, Cucumber Chunks, Grated Carrot & Tomato Wedge
Protein	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese	Grated Cheese
Composite	Tuna Nicoise	Classic Caesar with Croutons	Chunky Tomato, Mozzarella & Rocket	"Magical" Superfood Salad	Greek Salad
Taster					
Dressings	Seasonal Dressings, Chilli Flakes & Sunflower Seeds	Seasonal Dressings, Chilli Flakes & Sunflower Seeds	Seasonal Dressings, Chilli Flakes & Sunflower Seeds	Seasonal Dressings, Chilli Flakes & Sunflower Seeds	Seasonal Dressings, Chilli Flakes & Sunflower Seeds
Hot Dessert	Dutch Apple Pie with a Cinnamon Custard	Christmas Pudding with Vanilla Custard or Cream	Seasonal Fruit Crumble & Cream	"Spellbound" Chocolate Pudding	Banoffee Sponge with Caramel sauce
Cold Dessert	Dark Chocolate Mousse	Seasoned fruit flapjack	The Winterfold Mess	"Chamber" of Sweets	Spiced Fruit Flapjack
Cut Fruit	Watermelon	Pineapple	Honey Dew	Cantaloupe	Exotic Fruit Platter