



An Independent Day School
for Boys and Girls aged 0 - 13

SUMMER MENU CYCLE - WEEK 2

	Pizza Day				
	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités	Carrot batons & Green peppers	Cucumber & baby corn	Carrot Batons & Mange tout	Cucumber & Sliced red pepper	Celery and Baton carrot
Bread Du Jour	Locally baked bread	Locally baked bread	Locally baked bread	Locally baked bread	Locally baked bread
Main	The Winterfold Banger served with French stick bread & sautéed onions	Classic pizzas, Pollo, Pepperoni	Classic beef lasagne served with Garlic bread	Roast Beef, served with Yorkshire pudding	Breaded sustainable fish with Tartare sauce
Vegetarian	Falafel balls and Tzatsiki	Margherita,	Quorn & Vegetable lasagne served with Garlic bread	Pasta pesto with roasted cherry tomatoes	Vegetable bean tacos
Jacket		Italiano Chicken in a rich tomato sauce		Mild Chicken Curry	
Pasta	4 Cheese		Tomato & Mascarpone		Like mamma used to make Bolognese!
Vegetable	Garden peas	Green beans	Spring greens	Freshly steamed broccoli	Baked beans
Vegetable	Baked beans	Sweetcorn	Steamed Carrots	Roasted roots	Garden peas
Potato	Potato wedges	Herby diced Potatoes	Buttered new potatoes	Rosemary roasted potatoes	Retro Crinkle cut chips
Every Day Salads	Mixed leaves, cucumber slices, Grated carrot, Tomato wedge,	Mixed leaves, cucumber chunks, Baton carrots, Tomato slice,	Mixed leaves, cucumber slices, Grated carrot, Tomato wedge,	Mixed leaves, cucumber batons, Grated carrot, Cherry tomato,	Mixed leaves, cucumber chunks, Grated carrot, Tomato wedge,
Protein	Grated cheese	Grated cheese	Grated cheese	Grated cheese	Grated cheese
Composite	Tuna Nicoise	Classic Caesar with croutons	Chunky tomato, mozzarella & rocket	Superfood salad	Greek salad
Dressings	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds
Hot Dessert/ Cold Dessert	Chocolate & pear puddle pudding & cream	Cornflake cake	Jam sponge & custard	Billionaires bars	Syrup sponge & Custard
Cold Dessert	Mango fool	Traffic light jelly	Banoffee pie	raspberry cheesecake	Fruit salad
Cut Fruit	Watermelon	Pineapple	Honey Dew	Cantaloupe	