



An Independent Day School  
for Boys and Girls aged 0 - 13

## SUMMER MENU CYCLE - WEEK 2

	Pizza Day				Pre-Prep Sports Day
	Monday	Tuesday	Wednesday	Thursday	Friday
Crudités	Carrot batons & Green peppers	Cucumber & baby corn	Carrot Batons & Mange tout	Celery and Baton carrot	Pre-Prep Children picnics with Parents
Bread Du Jour	Locally baked bread	Locally baked bread	Locally baked bread	Locally baked bread	
Main	The Winterfold Banger served with French stick bread & sautéed onions	Classic pizzas, Pollo, Pepperoni	Classic beef lasagne served with Garlic bread	Breaded sustainable fish with Tartare sauce	
Vegetarian	Falafel balls and Tzatsiki	Margherita,	Quorn & Vegetable lasagne served with Garlic bread	Vegetable bean tacos	
Jacket		Italiano Chicken in a rich tomato sauce			
Pasta	4 Cheese		Tomato & Mascarpone	Like mamma used to make Bolognese!	
Vegetable	Garden peas	Green beans	Spring greens	Baked beans	Prep School Children Picnic on the Lawn
Vegetable	Baked beans	Sweetcorn	Steamed Carrots	Garden peas	
Potato	Potato wedges	Herby diced Potatoes	Buttered new potatoes	Retro Crinkle cut chips	
Every Day Salads	Mixed leaves, cucumber slices, Grated carrot, Tomato wedge,	Mixed leaves, cucumber chunks, Baton carrots, Tomato slice,	Mixed leaves, cucumber slices, Grated carrot, Tomato wedge,	Mixed leaves, cucumber chunks, Grated carrot, Tomato wedge,	
Protein	Grated cheese	Grated cheese	Grated cheese	Grated cheese	
Composite	Tuna Nicoise	Classic Caesar with croutons	Chunky tomato, mozzarella & rocket	Greek salad	
Dressings	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	Minimum of 2 dressings, seeds, chilli flakes & sunflower seeds	
Hot Dessert/ Cold Dessert	Chocolate & pear puddle pudding & cream	Cornflake cake	Jam sponge & custard	Syrup sponge & Custard	
Cold Dessert	Mango fool	Traffic light jelly	Banoffee pie	Fruit salad	
Cut Fruit	Watermelon	Pineapple	Honey Dew		