

LENT TERM 2017

M E N U

Monday 20th to Friday 24th March

MONDAY

V

Gammon Mashed Potatoes Broad Beans Parsley Sauce
Macaroni Cheese with Vegetable Medley
Apple Crumble and Custard Yoghurts

TUESDAY

V

Lamb Moussaka with Feta Salad
Sweet and Sour Chicken Noodles Chinese Vegetables
Roast Pepper and Aubergine Moussaka
Chocolate Chip Sponge and Custard Peaches

WEDNESDAY

V

Beef Stew with Herb Dumplings Cabbage
Pork and Apple Burgers Potato Wedges Baked Beans
Vegetarian Burgers
Rice Pudding and Jam Yoghurts

THURSDAY

V

Roast Beef Yorkshire Pudding Horseradish Sauce
Roast Potatoes Carrots Cauliflower Gravy
Cauliflower Cheese
Spotted Dick and Custard Chocolate Delight

FRIDAY

V

Steamed Fish with Parsley Butter
Baked Cod Fish Fingers French Fries Peas
Stuffed Potato Boats
Jam Tart and Custard Fruit Smoothies

Salad bar daily

Pasta bar daily (except Thursday)

Fresh fruit daily

All of our menu items contain allergens, including gluten, nuts, milk, fish, shellfish, soya, celery, mustard, sulphites, sesame and lupin. Please ask a member of staff for more information.