



WINTERFOLD

PREP • PRE - PREP • NURSERY

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP				Carrot and Coriander	
BREAD	Malted Wheat and White Petit Pains	Malted Wheat and White Petit Pains	Malted Wheat and White Petit Pains	Malted Wheat and White Petit Pains	Malted Wheat and White Petit Pains
MAIN COURSE 1	Individual Toad In The Hole with Gravy / Onion Gravy	Homemade Chicken and Mixed Vegetable Pie with Gravy	Orchard-reared Pork Loin Chops with Apple Sauce	Worcestershire Roast Turkey Breast with Sage and Onion Stuffing, Steamed Peas and Carrots, Roast potatoes and rich Gravy	Battered Cod
MAIN COURSE 2	Chilli Con Carne with Tortilla Chips	Beef Bolognese with Italian Herb and Garlic Tiger Bread	Chicken, Tomato and Mascarpone Cheese Pasta Bake		Baked Cod Fish Fingers
VEGETARIAN	Mixed Bean Chilli	Quorn Bolognese	Mascarpone Cheese and Tomato Pasta Bake	Stuffed Peppers	Handcrafted Leek and Cheese Slice
ON THE SIDE	Mashed Potato, Broccoli Florets, Rice, Jacket Potatoes	Boiled Potatoes, Pasta Spirals, Green Beans, Jacket Potatoes	Savoy Cabbage, New Potatoes, Jacket Potatoes	Baked Beans, Jacket Potatoes and Cranberry Sauce	Crinkle Chips, Peas, Jacket Potatoes
PASTA BAR	Chicken Tikka Sauce	Pomodoro Sauce	Spicy Sausage Sauce		Basilico Sauce
DESSERTS	Flapjack and Custard, Yoghurts	Chocolate Marble Cake with Chocolate Sauce, Mandarins	Toffee Pie, Yoghurts	Bakewell Tart with Custard, Blackcurrant Jelly V - Raspberry Jelly	Rhubarb Crumble with Custard, Choc Ices
CUT FRUIT	Mixed Fruit	Mixed Fruit	Mixed Fruit	Mixed Fruit	Mixed Fruit

SALAD BAR EVERY DAY CONSISTING OF:

Sliced Chicken or Ham, Cheese, Lettuce, Cucumber, Cherry Tomatoes, Tuna, Boiled Eggs, Sweetcorn, Beetroot, Pickled Onions, Various Pasta Salads, Celery, Mixed Peppers, Wholemeal Wraps, Light Mayonnaise and Various Dressings