

# LENT TERM 2017

## M E N U

Monday 16<sup>th</sup> to Friday 20<sup>th</sup> January

MONDAY

Pork Sausage Mashed Potato Broccoli Gravy  
Chilli Con Carne Rice Tortillas  
V Mixed Bean Chilli  
Flap Jack and Custard Yoghurts

TUESDAY

Chicken and Vegetable Pie Potatoes Green Beans  
Beef Bolognese with Pasta Spirals Garlic Bread  
V Pomodoro Sauce  
Chocolate Sponge with Chocolate Sauce Mandarins

WEDNESDAY

Pork Chops Boiled Potatoes Savoy Cabbage Gravy  
Chicken, Tomato and Mascarpone Bake  
V Cheese and Tomato Pasta Bake  
Iced Ring Doughnuts Yoghurts

THURSDAY

Roast Turkey Sage and Onion Stuffing Cranberry Sauce  
Roast Potatoes Carrots Peas Gravy  
V Stuffed Peppers  
Bakewell Tart and Custard Fruit Jelly

FRIDAY

Battered Cod  
Baked Cod Fish Fingers French Fries Peas  
V Leek and Cheese Slice  
Rhubarb Crumble with Custard Choc Ices

**Salad bar daily**

**Pasta bar daily (except Thursday)**

**Fresh fruit daily**

All of our menu items contain allergens, including gluten, nuts, milk, fish, shellfish, soya, celery, mustard, sulphites, sesame and lupin. Please ask a member of staff for more information.