

# LENT TERM 2017

## M E N U

**Monday 9<sup>th</sup> to Friday 13<sup>th</sup> January**

MONDAY

Savoury Beef Cobbler with Mixed Vegetables  
Sausage Rolls Mashed Potato Baked Beans  
V Savoury Rolls  
Apple Crumble and Custard Yoghurts

TUESDAY

Beef and Onion Pie Boiled Potatoes Green Beans  
Chicken Balti Rice Poppadums Spinach  
V Vegetable Balti  
Syrup Sponge and Custard Peaches

WEDNESDAY

Italian Meatballs in Tomato & Basil Sauce  
Pasta Spirals  
Sticky BBQ Chicken Rice Broccoli  
V Tomato and Basil Sauce  
Toffee Pie Yoghurts

THURSDAY

Roast Pork Sage & Onion Stuffing Apple Sauce  
Roast Potatoes Cabbage Carrots  
V Stuffed Mushrooms  
Shortbread and Custard Mandarins

FRIDAY

Smoked Haddock Fishcakes  
Cod Fish Fingers Chips Peas  
Queen of Puddings and Custard Chocolate or Strawberry Mousse

**Salad bar daily**

**Pasta bar daily (except Thursday)**

**Fresh fruit daily**

All of our menu items contain allergens, including gluten, nuts, milk, fish, shellfish, soya, celery, mustard, sulphites, sesame and lupin. Please ask a member of staff for more information.